



Littleton Public Schools

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Julie Lord, Instructional Technology Coordinator

Littleton Public Schools Wellness Committee Agenda October 24, 2023, 7:00pm

- A. Call to Order/Introductions
- B. How is everyone feeling- SEL check-in
- C. Focus for the year
 - a. Promoting Community Wellness
 - b. Nutrition updates
- D. Grant to enhance current wellness policy- Zoom meeting Oct 27 1:30-3:00
- E. LPS Connections Speaker Series
 - a. Oct 3 Steve Boczenowski: Adolescent Anxiety & Depression
 - b. Next meetings Dec 5, January 16, March 19, May 21
- F. Reschedule MPY Presentation- Just Talk about It- Feb?
- G. Community Wellness Day with Elder and Human Services
- H. Wellness Event at Middle School
- I. Any other business?

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Our mission is to foster a community of learners who strive for excellence and prepare each student to be a successful, contributing citizen in a global society.